



# Get the job you want with a positive mindset!

New online courses available to help you learn to find happiness in your life, assess your career direction and gain that ultimate job you wished for.

You will learn what it takes to have that positive mindset again, maybe an alternative career suited to your skills and strengths and find a meaningful route that will steer you in the right direction.

Working with mentors and trainers with many years experience in employability that are aware of the challenges to finding employment and barriers into work.

## Topics include:

- Career choices
- Positive outlook to life with optimism
- CV writing (skill based methods)
- Resourcing & researching
- Job Interviews
- 1:1 support



Central Bedfordshire Council  
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# Be Positive.



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